<table>
<thead>
<tr>
<th>Sandwiches</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese / vegemite / jam</td>
<td>$2.50</td>
</tr>
<tr>
<td>Ham, cheese, &amp; tomato</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham and salad</td>
<td>$4.00</td>
</tr>
<tr>
<td>Egg and lettuce</td>
<td>$3.50</td>
</tr>
<tr>
<td>Roast beef &amp; pickles</td>
<td>$4.00</td>
</tr>
<tr>
<td>Chicken and salad</td>
<td>$4.00</td>
</tr>
<tr>
<td><strong>Gourmet rolls &amp; wraps</strong></td>
<td></td>
</tr>
<tr>
<td>Chicken, cos, avocado &amp; mayo</td>
<td>$4.50</td>
</tr>
<tr>
<td>Roast beef, salad &amp; mango chutney</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken caesar wrap</td>
<td>$4.50</td>
</tr>
<tr>
<td>Seasoned chicken breast &amp; salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Shaved ham, salad, &amp; fruit chutney</td>
<td>$4.50</td>
</tr>
<tr>
<td>BLT baguette</td>
<td>$4.50</td>
</tr>
<tr>
<td><strong>Wellbeing salads &amp; snacks</strong></td>
<td></td>
</tr>
<tr>
<td>Seasonal fruit cups</td>
<td>$3.00</td>
</tr>
<tr>
<td>Seasonal fruit pieces</td>
<td>$1.00</td>
</tr>
<tr>
<td>Fresh yoghurt bowls</td>
<td>$2.50</td>
</tr>
<tr>
<td>Fruit &amp; vegie plate</td>
<td>$4.50</td>
</tr>
<tr>
<td>Cream cheese dip, carrot sticks &amp; crackers</td>
<td>$2.80</td>
</tr>
<tr>
<td>Corn chips, salsa &amp; sour cream</td>
<td>$2.80</td>
</tr>
<tr>
<td>Small tossed garden salad with feta</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken caesar salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Sliced cold meat &amp; salad (ham, roast beef or chicken)</td>
<td>$5.00</td>
</tr>
<tr>
<td>Sushi snacks</td>
<td>From $3.00</td>
</tr>
<tr>
<td><strong>Breakfast Fare</strong></td>
<td></td>
</tr>
<tr>
<td>Bacon &amp; egg muffin</td>
<td>$3.60</td>
</tr>
<tr>
<td>Toasted sandwiches</td>
<td>$3.60</td>
</tr>
<tr>
<td>Ham and cheese croissant</td>
<td>$4.00</td>
</tr>
<tr>
<td>Pancakes with maple syrup</td>
<td>$3.60</td>
</tr>
<tr>
<td>Hashbrowns</td>
<td>$1.20</td>
</tr>
<tr>
<td><strong>Hot Meals</strong></td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td></td>
</tr>
<tr>
<td>Beef lasagna &amp; baked wedges</td>
<td>$5.00</td>
</tr>
<tr>
<td>Hamburger with the works</td>
<td>$4.50</td>
</tr>
<tr>
<td>Sweet chilli chicken wrap</td>
<td>$4.50</td>
</tr>
<tr>
<td>Tuesday</td>
<td></td>
</tr>
<tr>
<td>Beef korma with steamed jasmine rice</td>
<td>$5.00</td>
</tr>
<tr>
<td>Spaghetti with napoli sauce</td>
<td>$4.50</td>
</tr>
<tr>
<td>Meatball wrap with tomato salsa</td>
<td>$4.50</td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
</tr>
<tr>
<td>Mini chicken parmagiana with crisp potato skins</td>
<td>$5.00</td>
</tr>
<tr>
<td>Penne pasta with pesto sauce</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken strip &amp; mayo roll</td>
<td>$4.50</td>
</tr>
<tr>
<td>Thursday</td>
<td></td>
</tr>
<tr>
<td>Honey soy chicken wings with special fried rice</td>
<td>$5.00</td>
</tr>
<tr>
<td>Beef cannelloni with spicy tomato sauce</td>
<td>$4.50</td>
</tr>
<tr>
<td>Garlic lamb wrap</td>
<td>$4.50</td>
</tr>
<tr>
<td>Friday</td>
<td></td>
</tr>
<tr>
<td>Sausages with mashed potato &amp; onion gravy</td>
<td>$5.00</td>
</tr>
<tr>
<td>Creamy pasta carbonara</td>
<td>$4.50</td>
</tr>
<tr>
<td>Lemon chicken strip wrap</td>
<td>$4.50</td>
</tr>
</tbody>
</table>

All items & prices are subject to change

<table>
<thead>
<tr>
<th>Savoury Snacks</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crumbed fish &amp; wedges</td>
<td>$4.50</td>
</tr>
<tr>
<td>Sausage roll</td>
<td>$2.80</td>
</tr>
<tr>
<td>Traveller pie</td>
<td>$3.40</td>
</tr>
<tr>
<td>Gourmet pie selection</td>
<td>$3.70</td>
</tr>
<tr>
<td>Beef / chicken burger / vegie</td>
<td>$4.50</td>
</tr>
<tr>
<td>Cheese burger</td>
<td>$3.50</td>
</tr>
<tr>
<td>Hotdog</td>
<td>$2.80</td>
</tr>
<tr>
<td>Works hotdog</td>
<td>$3.10</td>
</tr>
<tr>
<td>Garlic bread</td>
<td>$1.30</td>
</tr>
<tr>
<td>Baked wedges</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken wedges</td>
<td>$3.50</td>
</tr>
<tr>
<td>Quiche &amp; salad</td>
<td>$4.80</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Sweet Treats</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jelly cup</td>
<td>$1.50</td>
</tr>
<tr>
<td>Chocolate mousse</td>
<td>$1.50</td>
</tr>
<tr>
<td>Choc chip cookies</td>
<td>$1.50</td>
</tr>
<tr>
<td>Kez jumbo cookies</td>
<td>$2.80</td>
</tr>
<tr>
<td>Byron bay cookies</td>
<td>$3.00</td>
</tr>
<tr>
<td>Choc-chip muffins (small)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Choc-chip muffins (large)</td>
<td>$2.60</td>
</tr>
<tr>
<td>Cake slice</td>
<td>From $2.60</td>
</tr>
<tr>
<td>JJ's chips</td>
<td>$1.30</td>
</tr>
<tr>
<td>Quelch fruit sticks</td>
<td>$0.80</td>
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<tr>
<td>Icy pole</td>
<td>$1.20</td>
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<tr>
<td>Billabongs</td>
<td>$1.30</td>
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<tr>
<td>Dixie cups</td>
<td>$1.80</td>
</tr>
<tr>
<td><strong>Beverages</strong></td>
<td></td>
</tr>
<tr>
<td>Mount Franklin water</td>
<td>$2.70</td>
</tr>
<tr>
<td>Pump water 400ml</td>
<td>$2.40</td>
</tr>
<tr>
<td>Pump water 750ml</td>
<td>$3.40</td>
</tr>
<tr>
<td>Pump flavoured water 750ml</td>
<td>$3.60</td>
</tr>
<tr>
<td>Vitamin water</td>
<td>$3.70</td>
</tr>
<tr>
<td>Juice drink tetrapack</td>
<td>$1.80</td>
</tr>
<tr>
<td>Goulbourn valley fruit juice</td>
<td>$2.80</td>
</tr>
<tr>
<td>Plain milk</td>
<td>From $1.80</td>
</tr>
<tr>
<td>Oak flavoured milk 300ml</td>
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</tr>
<tr>
<td>Oak flavoured milk 500ml</td>
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</tr>
<tr>
<td>Up &amp; Go liquid breakfast</td>
<td>$3.00</td>
</tr>
<tr>
<td>Up &amp; Go energize choc</td>
<td>$3.50</td>
</tr>
<tr>
<td>Powerade</td>
<td>$3.60</td>
</tr>
<tr>
<td>Iced tea</td>
<td>$3.60</td>
</tr>
</tbody>
</table>

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